

**HEALTH AND WELL-BEING
1 NOVEMBER 2016****EMOTIONAL WELL-BEING AND MENTAL HEALTH
TRANSFORMATION PLAN FOR CHILDREN AND YOUNG
PEOPLE**

Board Sponsor

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NHS Wyre Forest Clinical Commissioning Group

Author

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Relevance of Paper - Priorities

Mental health and well-being

Relevance - Groups of Particular Interest

Children and young people

Item for Decision**Recommendation –**

- 1. The Health and Well-being Board is asked to:**
 - a) Approve the refreshed Transformation Plan and continue to support its development and implementation,**
 - b) Agree to support the dissemination of the refreshed plan across all agencies for comment and further buy in,**
 - c) Note this transformation plan will be implemented as part of the programme of work under the HWB Strategy priority of improving mental health and well-being.**

Background

2. The Department of Health and NHS England published Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing in 2015. This document signalled the National focus on addressing mental health issues for young people.

3. In addition to this, the local needs assessment highlighted several areas for improvement, including investing in the children's workforce (schools, early years,

health and social care services) to address emotional wellbeing at an earlier stage; and investing in a Tier 2 service to avoid the need for specialist mental health services.

The Transformation Plan

4. The attached refreshed transformation plan outlines the progress against each action required to transform the way we address emotional wellbeing and mental health for children and young people.

5. The main actions can be summarised as the following:

- Workforce investment in skills to prevent emotional wellbeing issues and to provide early intervention.
- A one stop shop for information, advice and guidance for young people, parents/carers and professionals.
- Commissioning advice and support for schools to ensure the use of quality providers for addressing emotional wellbeing issues.
- A CAMHS consultation service to provide advice and support to universal services including schools.
- A face to face and on-line emotional wellbeing service.
- A high quality specialist CAMHS service (Tier 3 and Tier 3 plus) where children are able to access assessment and intervention in a timely manner.
- A high quality out of hours service provided across organisations to meet demand.
- A Countywide Community Eating Disorder Service for Children and Young people

Next Steps

6. Continued engagement with the Worcestershire Youth Cabinet to continually update the Transformation and check back with young people through the mental health survey that services are meeting their needs. Current survey is out for responses until December 2016.

7. Continued engagement with stakeholders through the emotional wellbeing and CAMHS partnership board.

8. Launch of the schools toolkit for emotional wellbeing to support schools with their role and responsibility around emotional wellbeing and when commissioning their own services, eg. Counselling within school.

9. Continued redesign of services including a 'tier 2' emotional wellbeing service, specialist CAMHS services and the eating disorder service.

10. Continued promotion of integrated working across all commissioners (children, public health and adult services) to ensure that resources are used effectively across the health, education and social care system.

11. A review point in summer 2017 to assess outcomes of the transformation plan, including demand on CAMHS, demand on the emotional wellbeing service, referrals to inpatient services (the local Acute Trust and Tier 4 CAMHS inpatient units), outcomes for children and young people measured through evidence based measurement tools, and feedback from stakeholders

12. Continued financial commitment to deliver the Transformation Plan in line with NHS England funding allocation to the Clinical Commissioning Groups

Legal, Financial and HR Implications

Financial Implications	Continued investment in children and young people's emotional wellbeing and mental health
Human Resource Implications	Some redesign and recruitment across providers (the main provider being the Health and Care Trust).

Equality and Diversity Implications

13. An Equality Relevance Screening has been carried out in respect of these recommendations. It identified that further equality impact analysis will be required in respect of designing services relating to emotional wellbeing and mental health.

Contact Points

County Council Contact Points

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Supporting Information

- **Appendix 1** – Refreshed Emotional Wellbeing and Mental Health Transformation Plan